

The Emin Way Presents...
GARDEN THERAPY

What is it about gardens that allows those who stroll through to relax and feel more alive?

How can the act of digging and planting and pulling weeds be so therapeutic that by the end, tensions and conflicts that seemed impossible to resolve are no longer there?

The garden is a beautifully magical ecology. It's mysteries are always new and fresh.

You are invited to join us on Sunday for a breath of fresh air as we explore some of the energetic qualities of the garden that are part of their healing and beneficial nature.

If possible, please have 2 medium to large size plants, each of a different nature, nearby, to use in some sensitivity experiments.



Sunday, June 27th

10:00 - 12:00pm Seattle | 1:00 - 1:00 pm Denver

12:00 - 2:00 pm Chicago | 1:00 - 3:00pm New York

VIA ZOOM VIDEO CONFERENCE

Cost: \$15.00

Your first 3 workshops are free

Register at www.eminwayonline.org