

Our Deep Well of Inner Being

Being in Well-Being is not just a matter of Health. It goes further than that.

Want to stay in balance?
To replenish quickly and feel energy
nourished?

There are simple practical tools you can
use every day.

If you want to build a better platform for a
happy productive life this 2 hours is for you.

Come join us as we explore simple ways into
well-being and feel confident, positive,
present in the moment and in the flow of how
your life works.

Sunday, April 4 on zoom
10-12 pm Seattle 11-1 pm Denver
12-2 pm Chicago 1-2 pm NY
all time zones are welcome

first 3 workshops free then \$15.00 per workshop

To register: www.eminwayonline.org.

