## The Emin Way Presents

## Escape Chaos - Discover Meaning and Purpose

With the hectic pace of the world today and its many demands, people are largely distracted from what they would really want to do in their life. It's to the point where we no longer recognize or even search for our own individual meaning and purpose.

Yet, it is meaning and purpose that can get us up bright and early in the morning, fill our days with a luminous vibrancy and offer our life the fulfillment of a high calling.

In this workshop, we will spend time looking into the nature of what keeps us from the purposeful life we long for and work with some of the pathways that can lead us back to our true self.

