

The Emin Way Presents

Flow and Glow Part 2

Having a “spiritual” life means that we’re trying to reach for something better from inside ourselves. One way to support our efforts to grow and refine this way is through caring for the subtle energies that are around us and that influence how we feel generally.

Continuing on from last week, we will further explore ways to develop care for these subtle energies that allow them to flow better, which can help us become more balanced, have better quality energy, a better state of being and maybe even give us a bright glow!

Please join us to explore how to improve our state of being and have better FLOW and a brighter GLOW. This session will stand on its own and you are welcome to join whether you attended last week's session or not.

If possible, please have a medium to large size plant nearby, that will facilitate our Electrobics energy work.



Sunday, August 23
10:00 - 12:00 pm (Seattle)
11:00 - 1:00 pm (Denver)
12:00 - 2:00 pm (Chicago)
1:00 - 3:00 pm (New York)
VIA ZOOM VIDEO CONFERENCE
TO REGISTER PLEASE EMAIL US AT
eminwayonline@gmail.com
Cost: \$10.00
Your first 3 workshops are free

www.eminwayonline.org