The Emin Way Presents

Flow and Glow

Having a "spiritual" life means that we're trying to reach for something better from inside ourselves. One way to support our efforts to grow and refine this way is through caring for the subtle energies that are around us and that influence how we feel generally.

There are ways to develop care for these subtle energies that allow them to flow better which can help us become more balanced, have better quality energy, a better state of being and maybe even give us a bright glow!

Please join us in this session, where we'll explore how to improve our state of being and have better FLOW and a brighter GLOW.

If possible, please have a medium to large size plant nearby, that will facilitate our Electrobics energy work.



Sunday, August 16
10:00 - 12:00 pm (Seattle)
11:00 - 1:00 pm (Denver)
12:00 - 2:00 pm (Chicago
1:00 - 3:00 pm (New York)
VIA ZOOM VIDEO CONFERENCE
TO REGISTER PLEASE EMAIL US AT
eminwayonline@gmail.com
Cost: \$10.00
Your first 3 workshops are free