

## The Emin Way Presents

## UNDERSTANDING OTHERS, UNDERSTANDING ONESELF

## Another Standpoint

As the times we live in change, we meet new influences. Every day is new, whether we're aware of the fact or not. Every day brings new experiences, never happened before. Why would we want to stay chained to the past?

Breaking those chains, however, is never easy. As soon as a link is broken, it may quickly re-establish itself, depending on its resiliency. Understanding not only oneself – the 'know thyself' of philosophy and religion – but those with whom we spend our days is a first step in winning one's freedom.

Criteria, standards, and new learning all come into the picture. All are welcome to join us in an exploration of understanding this Saturday.

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